## To The Beach

## Explore the city on 2 wheels



Total Distance: 36 KM Difficulty: Medium Note: This is a great family ride with many things to see and do along the way.

## Stop worthy attractions



Guindon Park
Explore 500 acres of land with picnic areas, trails, a play structure, waterfront, boat launch a BMX track and more.
Floral dr., Cornwall



The longest sand beach on the St.
Lawrence River with picturesque views of the historic Long Sault Parkway.

15805 Long Sault Pkwy, Long Sault



Lost Villages Museum
Get lost in the history of the creation of
the St.Lawrence Seaway, a whole village
under water, and life from a simplier time.
16361 Fran Laflamme Dr., Long Sault

